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Preschool and Kindergarten

10 Foundational Principles

1. Obedience

“Let the child's first lesson be obedience
and the second will be what thou wilt.”

Benjamin Franklin

“Obedience is Preschool 101.”

Raymond Moore

2. Nature study

- Children ages 2-5 watch TV 32 hours per week
- <http://1000hoursoutside.com/>
- <http://handbookofnaturestudy.com/>
- <http://tothemoonandbackblog.net/2014/05/free-printable-nature-journal-for-preschoolers.html>

3. Reading to them

- 20-30 minutes per day
- The Read-Aloud Handbook, Jim Trelease
- <http://1000booksbeforekindergarten.org/>
- $1000:5 = 200:50 = 4$ books a week

4. Field trips

- “People will forget what you said, people will forget what you did, but people will never forget how you made them feel.”
Maya Angelou
- Experiences vs. worksheets
- Zoo, petting zoo, aquarium, state/national parks, grocery store, doctor's office, children's museum, library, KYSO, camping, The Muse, History Day, John Sevier Homeschool Days, Biltmore Homeschool Days, McClung Museum Stroller Tours

5. Limited screen time

- Frontal lobe activity
- Endangered Minds: Why Children Don't Think and What We Can Do About It by Jane Healy
- What could they be doing instead of TV?

6. Physical Needs

- All I Really Need to Know I Learned in Kindergarten by Robert Fulghum
- Better Late Than Early by Raymond Moore
- Put toys/clothes away in the evening, brush teeth, daily shower, wash hands etc.

7. Flexibility

- Plan, organize, prepare
- Be flexible
- Parenting issue vs. school readiness issue

8. Intro to the family's religion

- If you don't, somebody will
- 15 minutes per day
- song, prayer, story, craft/coloring

9. Service

- The Moore Formula
- **Time (Academics) = Time (Service) + Time (Work)**
- Self-centered vs. service-oriented

10. Music

- Music Makes Your Child Smarter by Phillip Sheppard
- Suzuki method
- Melissa and Doug instrument kit
- Homemade instruments
- Listening to music during meals, trips, rest time

Q & A

- HomeschoolWays.com
- 21 Days to Jumpstart Your Homeschool (FREE ebook)
- 101 Tips for Preschool at Home
- 101 Tips for Kindergarten at Home